## Instructions for the Mini-Cog Test

#### Administration

the Mini-Cog test is a 3-minute instrument to screen for cognitive impairment in older adults in the primary care setting. The Mini-Cog uses a three-item recall test for memory and a simply scored clock-drawing test (CDT). The latter serves as an "informative distractor," helping to clarify scores when the memory recall score is intermediate. The Mini-Cog was as effective as or better than established screening tests in both an epidemiologic survey in a mainstream sample and a multi-ethnic, multilingual population comprising many individuals of low socioeconomic status and education level. In comparative tests, the Mini-Cog was at least twice as fast as the Mini-Mental State Examination. The Mini-Cog is less affected by subject ethnicity, language, and education, and can detect a variety of different dementias. Moreover, the Mini-Cog detects many people with mild cognitive impairment (cognitive impairment too mild to meet diagnostic criteria for dementia).

### Scoring (see figure 1)

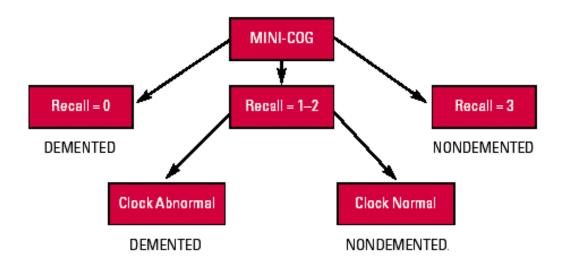
1 point for each recalled word

Score clock drawing as **Norma**l (the patient places the correct time and the clock appears grossly normal) or **Abnorma**l

#### Score

0	Positive for cognitive impairment
1-2	<b>Abnormal</b> CDT then positive for cognitive impairment
1-2	Normal CDT then negative for cognitive impairment
3	Negative screen for dementia (no need to score CDT)

Figure 1. The Mini-Cog scoring algorithm. The Mini-Cog uses a three-item recall test for memory and the intuitive clock-drawing test. The latter serves as an "informative distractor," helping to clarify scores when the memory recall score is intermediate.



#### Reference

Borson S. The mini-cog: a cognitive "vitals signs" measure for dementia screening in multi-lingual elderly Int J Geriatr Psychiatry 2000; 15(11):1021.



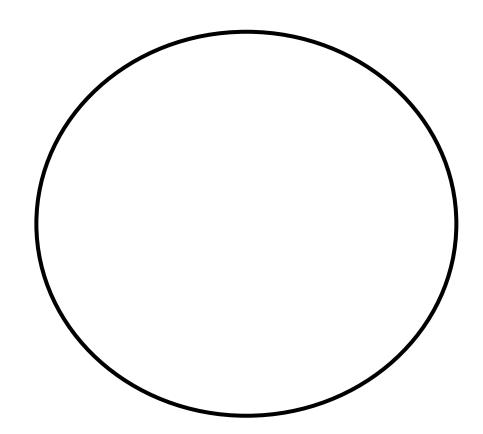
Pt. Name:	DOB:
Date:	_

# **Instructions**

Inside the circle draw the hours of a clock as if a child would draw them Place the hands of the clock to represent the time "forty five minutes past ten o'clock"

## **Instrucciones**

Dentro del circulo dibuje las horas del reloj como si lo haria un niño. Ponga las manos del reloj para representar el tiempo "cuarenta y cinco minutos despues de las diez"





# THE MINI-COG

1. Inst	truct the patient	to listen caref	ully and rep	eat the	e following		
`	APPLE	WATCH	PENNY				
	MANZANA	RELOJ	PESETA				
2. Adı	minister the Clo	ock Drawing To	est				
3. Ask	the patient to	repeat the three	e words give	en pre	viously		
Scorii	ng						
	Number of co	orrect items rec	alled		[if 3 then neg	ative screen.	STOP]
	If answer is 1 Is CD	-2 T Abnormal?	No	o	Yes		
	If No, then ne If Yes, then so	egative screen creen positive	for cognitiv	e impa	nirment		