## Pediatric Allergies in America: A Landmark Survey of Nasal Allergy Sufferers

## EXECUTIVE SUMMARY

Prepared for Nycomed

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## Study Design

| Population | Sampling Frame | Interview Length | Completed Sample |
| :---: | :---: | :---: | :---: |
| Population Aged 4-17 <br> - with allergies <br> - without allergies | National RDD | 18 minutes <br> 36 minutes | $\begin{aligned} & 500 \\ & 504 \end{aligned}$ |
| Cross-section: 3/7/07-4/25/07 |  |  |  |
| Health Professional Survey <br> -- Pediatrics <br> -- Family Practice <br> -- Allergy <br> -- Otolaryngology <br> -- Nurse practitioner <br> -- Physician assistant | AMA/AOA Master List <br> State Licensing Board American Academy of Physician Assistants | 20 minutes | $\begin{array}{r} 100 \\ 100 \\ 101 \\ 100 \\ 50 \\ 50 \end{array}$ |
| Physician Survey: 3/8/07-4/17/07 |  |  |  |

## Seasonal or Perennial Allergies



[^0]
## Season Allergies Are the Worse



## Symptoms During Worst Month



## How Bothersome are Symptoms



Q15. When your (AGE) had nasal allergy attacks, how bothersome are the following symptoms usually --- extremely
bothersome, moderately bothersome, slightly bothersome, or not bothersome? $\mathrm{N}=500$

## Most Bothersome Symptom of Nasal Allergies



Q16. Which of these symptoms was the most bothersome to your (AGE)?
Base: Had bothersome symptoms $\quad \mathrm{N}=438$

## Degree of Discomfort from Nasal Allergies



Q17. In general, when your (AGE) has a nasal allergy attack would you say that (his/her) discomfort is usually something (he/she) can ignore, (he/she) can't ignore it, but (he/she) can tolerate it, or

## At Least Somewhat Troubled by Symptoms



## General Health Rating



Q1. In general, would you say that your (AGE)'s health is excellent, very good, good, only fair, poor or very poor?

## Activity Limitation in Past 4 Weeks



[^1]
## Positive Feelings: All of the Time



N3a-g.During the past 4 weeks how often has your (AGE) $\qquad$ --- all of the time, most of the time, a good bit of the time, some of the time, little of the time, or none of the time?

## Negative Feelings: Little or None of the Time



N3a-g. During the past 4 weeks how often has your (AGE) $\qquad$ --- all of the time, most of the time, a good bit of the time, some of the time, little of the time, or none of the time?

## Extremely or Very Important to Child



## Allergies/Health Interferes a Lot or Some

Allergy N=493 $\square$ Not Allergy N=432


N9. How much do you feel your (AGE)'s allergies/health limit what he/she can do in the following areas --

- a lot, some, only a little or not at all?
* Excludes 4 and 5 year olds


## Allergies/Health Interfered with School or Daycare in the Past 12 Months

$\square$ Allergy N=472 $\square$ Not Allergy $\mathrm{N}=453$


Q23a. Aside from actually missing (school/daycare), has his/her allergies/health interfered with his/her performance at school? Base: In school or daycare

## Productivity and Allergies



[^2]
## Current Medication Use for Nasal Allergies



Q63a. In the past 4 weeks, has your (AGE) used any over-the-counter, non-prescription medicine to give (him/her) relief from nasal allergy symptoms? Q64a. In the past 4 weeks, has your (AGE) used any prescription nasal spray for (his/her) nasal allergies? Q72a. Has your (AGE) taken any other prescription medications for (his/her) nasal allergies in the past 4 weeks? $N=500$

## Symptom Relief from Current Intranasal Corticosteroid



Q65. Does your (AGE)'s current prescription nasal spray give (him/her) relief from all of (his/her) symptoms, most symptoms, some symptoms, or no symptoms? Base: Uses intranasal corticosteroid $\mathrm{N}=129$

## Onset of Relief from Current Intranasal Corticosteroid



Q68. How long does it take for your (AGE)' current prescription nasal spray to begin giving (him/her) symptom relief?

## Does Current Intranasal Corticosteroid Provide 24 Hour Relief



Q69a. Does your (AGE)'s current prescription nasal spray lose effectiveness over the course of the day or night, or does it remain as effective as when (he/she) first took it? Base: Uses intranasal corticosteroid $\mathrm{N}=130$

## Change Prescription Medicines for Nasal Allergies



## Why Changed Medicine for Nasal Allergies



Q81b. Why has your (AGE) changed nasal allergy medicines? Anything else? Base: Has changed nasal

## Why Dissatisfied with Nasal Allergy Medicine



## Effectiveness Wears Off Over Time



Q88a. Have you ever found that a prescription spray's effectiveness in treating your (AGE)'s nasal allergy symptoms wears off over time even when (he/she) is taking the medicine as prescribed?
Q88b. Has this happened to your (AGE) with more than one prescription nasal allergy spray? $\mathrm{N}=500$

## Commonly Reported Side Effects of Prescription Nasal Sprays



Q90. How many of the prescription sprays that your (AGE) has taken for nasal allergies had the following types of side effects --- all, most, some, few or none? $\mathrm{N}=500$

## Severity of Commonly Reported Side Effects of Prescription Nasal Sprays



Q91. How bothersome are the following side effects of prescription sprays for nasal allergy --- extremely,

## Reason Stopped Taking Nasal Allergy Prescription



Q94.
Has your (AGE) ever stopped taking a nasal allergy spray prescribed by (his/her) doctor because....

## Failed to Follow Physician Instructions



[^3]
## Discomfort During Allergy Attack: Patients and Practitioners



P8. In general, would you say that patients' 4 to 17's discomfort during a nasal allergy attack is usually something they can ignore, they can't ignore it, but they can tolerate it, or they can't tolerate it without relief? $\mathrm{N}=501$
Q17. In general, when your child has a nasal allergy attack would you say that (his/her) discomfort is usually something $\mathrm{s} /$ he can ignore, $\mathrm{s} /$ he can't ignore it, but $\mathrm{s} / \mathrm{he}$ can tolerate it, or $\mathrm{s} / \mathrm{he}$ can't tolerate it without
relief? $\quad N=500$

## Productivity when Nasal Allergies are at Their Worst: Patients and Practitioners



P10. Thinking about productivity at school on a scale from 0 to 100 , where 100 means $100 \%$ productivity, where would you rank the productivity of patients 4 to 17 with allergic rhinitis, when their nasal allergies are at their worst? $\mathrm{N}=501$
Q25. Where would you rank your child's ability to do the things (he/she) wants to on the same scale of 0 to 100, where 100 means $100 \%$ able, when (his/her) nasal allergies are at their worst? Base: 487

## Percent Very Satisfied With Disease Management: Patients and Practitioners



[^4]
## Satisfaction with Intra-nasal Corticosteroids: Patients and Practitioners



[^5]
## Money's Worth from Prescription Allergy Medicines: Patients and Practitioners



[^6]
## Attitudes about Nasal Allergies: Agree



## Need for Patient Education: Patients and Practitioners




[^0]:    Q12. Would you describe your (AGE)'s nasal allergies as seasonal or do they occur throughout the year? $\mathrm{N}=500$

[^1]:    N2a. During the past four weeks has your (AGE)... been limited in the kind of work or other activities he/she could do as a result of his health?
    N2b. ... had difficulty in performing work or other activities ...?
    N2c. ... had to cut down on the amount of time spent on his/her regular daily activities...?
    N2d... accomplished less than he/she would like to....?

[^2]:    Q24. Thinking about your (AGE)'s ability to do things (he/she) wants to on a scale of 0 to 100 , where 100 means $100 \%$ able, where would you rank (his/her) ability on days when (he/she) don't have nasal allergy symptoms?
    Q25. Where would you rank your (AGE)'s ability on the same scale of 0 to $100 \ldots$ when (his/her) nasal allergies are at their worst?

[^3]:    Q108. People with nasal allergies sometimes fail to follow their physician's instructions about their medicines for their nasal allergies. Has your (AGE) ever failed to take an allergy medicine as prescribed 28 because of ...... $\mathrm{N}=500$

[^4]:    P20. Approximately, what proportion of your patients aged 4 to 17 with nasal allergies would you say are VERY satisfied with the management of their disease? Would you say... N=501
    Q51. Overall, how satisfied are you with (his/her) health practitioner's management and treatment of your (AGE)'s nasal allergies? $\mathrm{N}=500$

[^5]:    P36. In general, how satisfied are your patients aged 4 to 17 with allergic rhinitis with their intra-nasal corticosteroids? Would you say that they are very satisfied, somewhat satisfied, somewhat dissatisfied, or very dissatisfied? $N=501$
    Q70b. In general, how satisfied have you been with the prescription nasal spray your (AGE) has used for (his/her) nasal allergies in the past? Base: Ever used Rx nasal spray for nasal allergies. $N=335$

[^6]:    P30. Overall, do your patients aged 4 to 17 feel they get their money's worth out of prescription medicines for nasal allergies? $\mathrm{N}=501$
    Q97. Overall, do you feel that patients get their money's worth out of prescription medicines for nasal allergies?
    $\mathrm{N}=500$

